

# FALL 2020: STARTER SESSION

Registration: Wednesday 9/9 12:01 A.M.



203.222.2655

westonct.gov/parksandrec

47 Norfield Road P.O. Box 1184





Dear Weston,

Parks and Recreation is excited about welcoming you back to campus for the 2020 academic year. We've been planning for exciting, safe and organized in person programming. For the rest of 2020, we will be following the school's cohort model. If you are in BLUE cohort you will see BLUE cohort days available if you are in GOLD cohort, you would only sign up for GOLD cohort programs. We will double check our lists, but please do not sign your child up for the wrong cohort because the session you wanted has filled. Continuing with the cohort model ensures that students on campus that day will continue to be on campus if/when the schools move to a FULL DAY HYBRID model- rather than having students coming back to campus if they were working remotely that day. We offer programming Monday-Thursdays, with Fridays to be determined at a later time. All of our programs will take place outdoors and in limited capacity in comparison to years past. You will be excited to find many of the instructors and programs you all love. For our newcomers- these programs will cement themselves as a great way to spend time outdoors, safely with peers. When attending our programs you will find our instructors, many of who are Weston Public School teachers and staff will be practicing social distancing and wearing masks while outdoors.

On the following pages you will find a description of the programs and a schedule for each school, with specific dates on when programs run. We will offer 3 sessions this year which take us through December. Please note, if you do not see a program listed, it might be coming the next session. One of the biggest changes to our programming will be to continue to program outside for as long as the weather will allow. That means sending participants with long clothes, gloves and hats when it begins to get cold. We want to offer fresh air, fun and outdoor exercise for Westonites and we feel that this is a most efficient and safe way to achieve this during these difficult times.

Thank you for supporting our mission to provide safe and high quality programming to Weston. Be well, Weston Parks and Recreation Team





M= Monday

T= Tuesdav

W= Wednesday

TR= Thursdav

#### HES

Sports + Fitness- Gr. K: This program will meet on North House Playground and blacktop for a fun filled session of outdoor fun. Think of it like an extra recess!

3:30-4:30 P.M.

Blue: 9/14 M, 9/22 T, 9/29 T (No 9/28)

Gold: 9/15 T, 9/21 M, 10/5 M

\$60 for 3 Sessions

<u>Tennis- Gr. K-2:</u> Tennis lessons will focus on INTRODUCTORY skills, using age appropriate racquets, nets and balls. This program is a perfect starter for anyone interested in Tennis. HES rear lower blacktop (next to new playground)

3:30-4:30 P.M.

Blue: 9/14 M, 9/22 T, 9/29 T (No 9/28)

Gold: 9/15 T, 9/21 M, 10/5 M

\$66 for 3 Sessions

Sports & Fitness- Gr. 1&2: Mr. Halgren welcomes you back with more fun and fitness! Sessions will be outdoors on North House playground and field. More recess!

3:30-4:30 P.M.

Blue: 9/16 W, 9/24 TR, 10/1 TR Gold: 9/17 TR, 9/23 W, 9/30 W

\$60 for 3 sessions

#### WIS

<u>Sports + Fitness- Gr 3-5:</u> This program will meet on the WIS rear blacktop for a fun filled session of outdoor activity and games!

3:30-4:30 P.M.

Blue: 9/14 M, 9/22 T, 9/29 T (No 9/28)

Gold: 9/15 T, 9/21 M, 10/5 M Blue: 9/16 W, 9/24 TR, 10/1 TR Gold: 9/17 TR, 9/23 W, 9/30 W

\$60 for 3 Sessions

<u>Tennis- Gr. 3-5:</u> Tennis lessons will focus on INTRODUCTORY and SECONDARY skills, using age appropriate racquets, nets and balls. This program is a perfect starter for anyone interested in Tennis and a great refresher for WIS students to get the dust off their racquet.

3:30-4:30 P.M.

Blue: 9/16 W, 9/24 TR, 10/1 TR Gold: 9/17 TR, 9/23 W, 9/30 W

\$66 for 3 sessions

#### **Running Club:**

Pascal will host another year of running club. Participants will enjoy speed, agility and distance training.

4:15-5:15 P.M.

Blue: 9/16 W, 9/24 TR, 10/1 TR Gold: 9/17 TR, 9/23 W, 9/30 W

\$60 for 3 sessions

#### **WMS**

<u>Fitness:</u> This program will help bridge student's fitness and physical activity needs. Program will be outdoors.

3:30-4:30 P.M.

Blue: 9/14 M, 9/22 T, 9/29 T (No 9/28)

Gold: 9/15 T, 9/21 M, 10/5 M

\$60 for 3 Sessions

<u>Blacktop Games:</u> This program will meet on the WMS rear blacktop for a fun filled session of outdoor games like 4 square.

3:30-4:30 P.M.

Blue: 9/16 W, 9/24 TR, 10/1 TR Gold: 9/17 TR, 9/23 W, 9/30 W

\$60 for 3 Sessions

\*\* Programs are still being confirmed with instructors, if you don't see something from last year- it may still be coming! \*\*

\*\* Mountain Biking \*\* Details Coming Soon- this program will likely take place on a Saturday as a special event \*\*





## **Special Events:**

#### **Weekend Family Fishing:**

Ms. Lynn's summer hit is back! Participants should bring their own fishing equipment, poles, etc. Dates to be determined. All ages welcome (when accompanied by an adult). This is a wonderful program for a family to pick up a new hobby!

Time: TBD Dates: TBD \$20/class











## Pre- K

## **Multisport:**

Coach Sara will lead this children through various skills associated with many sports. Throwing, kicking, running and catching-just to name a few! Program will take place at Jarvis Yard- Parks and Recreation building.

3:45-4:15 P.M.

Ages 3-5: Monday- 9/14, 9/21, 10/5 Ages 4-6: Tuesday- 9/15, 9/22, 9/29

\$60 for 3 Sessions





\*New Weather/Refund Policy: With all programs running outdoors, all Weston Parks and Recreation programs will now be refunded as a household credit if a program is canceled due to weather. With Cohorts operating at our schools we cannot send students on another day or continue to attempt to make up a program. In light of this a program would be prorated and paid back in the form of household credit. That credit does not expire and will be in your household account and will come off your next registration. Example: Program is for 8 classes at \$144 a session. If program is canceled one day due to rain, you would receive a household credit of \$18. \*

\*\*With our smaller class sizes, this will allow the next session to stay on schedule and allow more participants to sign up.\*\*

\*\*\* Weston's policy on refunds given before a program has begun will still standyou must give the Parks and Recreation office notice via 203-222-2655 BEFORE a program begins to be eligible for a refund. \*\*\*